

Hamilton Unified School District

001 - Hamilton Union Elementary School

Oct 2, 2020

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October (HAPPY HALLOWEEN) Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct - 1 Chicken Rice Bowls BROCCOLI Baby Carrots MILK - Variety	Oct - 2 Cheeseburger Corndog Salad Bar fruit fresh MILK - Variety
Oct - 5 Pizza Peperoni Salad Bar Apple Juice MILK - Variety	Oct - 6 Soft Taco SPANISH RICE Salad Bar PEARS,FRESH MILK - Variety	Oct - 7 Deli Turkey&Cheese w Fritos Salad Bar fruit fresh MILK - Variety	Oct - 8 Spagetti Bread Stick Salad Bar Broccoli MILK - Variety	Oct - 9 Cheeseburger Fries Crinkle Salad Bar Apple MILK - Variety
Oct - 12 Teriyaki Beef Dunkers MASHED POTATOES Salad Bar Apple MILK - Variety	Oct - 13 Taco Boat SPANISH RICE Baby Carrots Salad Bar MILK - Variety	Oct - 14 Chicken Alfredo Bread Stick Broccoli Salad Bar MILK - Variety	Oct - 15 Chicken Nuggets Fries Crinkle Broccoli Salad Bar MILK - Variety	Oct - 16 Corndog Fritos Baby Carrots Salad Bar MILK - Variety
Oct - 19 Beef Burrito SPANISH RICE Baby Carrots Salad Bar MILK - Variety	Oct - 20 Pork Carnitas Tortilla w/w Refried Beans w/Chee Salad Bar MILK - Variety	Oct - 21 Turkey Casserole Bread Stick Broccoli Salad Bar MILK - Variety	Oct - 22 Grilled Ham&Cheese S Fritos Baby Carrots Salad Bar MILK - Variety	Oct - 23 Pizza Peperoni Baby Carrots Salad Bar MILK - Variety
Oct - 26 Hot Dog w/Bun Fries Crinkle Baby Carrots Salad Bar MILK - Variety	Oct - 27 TACO SALAD SPANISH RICE Apple Tortilla Chips MILK - Variety	Oct - 28 Sausage Muffin/Chees Hashbrowns Apple Juice MILK - Variety	Oct - 29 Quesadilla Refried Beans SPANISH RICE Salad Bar MILK - Variety	Oct - 30 Pizza Big Daddy Pep. Baby Carrots Salad Bar MILK - Variety

All meals include, fresh fruit, vegetables and choice of White and Chocolate milk.
Menus are subject to change depending on availability

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.